

Absolutely

32 count, 4 wall

Beginner

Choreographed by Anita McNab

Music: Just A Little by Liberty X 2x [104 bpm]

Every Time I Roll The Dice by Delbert McClinton [112 bpm]

Absolutely Everybody by Vanessa Amorosi 4x [128 bpm]

VINE RIGHT WITH TOUCH, VINE LEFT WITH TOUCH

1-4 Step right to side, step left behind right, step side right, touch left

5-8 Step left to side, step right behind left, step side left, touch right

STEPS FORWARD, BUMPING HIPS RIGHT, LEFT, STEPS FORWARD, BUMPING HIPS RIGHT, LEFT

1&2 Step right forward, bumping hips right & right

3&4 Step left forward, bumping hips left & left

5&6 Step right forward, bumping hips right & right

7&8 Step left forward, bumping hips left & left

SHUFFLE FORWARD RIGHT, ROCK STEP, SHUFFLE BACK LEFT, BACK ROCK STEP

1&2 Step forward on right, bring left together, step forward on right

3-4 Rock forward on left, recover weight onto right

5&6 Step back on left, bring right together, step back on left

7-8 Rock back on right, recover weight onto left

SHUFFLE SIDE RIGHT, BACK ROCK STEP, SHUFFLE SIDE LEFT, WITH ¼ TURN RIGHT, BACK ROCK STEP

1&2 Step side right, bring left together, side right

3-4 Rock back on left, recover weight onto right

5& Step side left onto left, starting ¼ turn right by bringing right beside left

6 Finish ¼ turn right by stepping side left onto left

7-8 Rock back on right, recover weight on left

Repeat and keep smiling!

Alternative Musikvorschläge:

Zascha Moktan – Like U Do (2x) 131bpm

Gloria Estefan – I Just Wanna Be Happy (2x) 132bpm,

Shakira – Ciega, Sordomuda (2x) 120bpm; Start the dance 16 counts from when the heavy beat starts (8 counts before the vocals).

Engelbert Humperdingk – Quando When Quando (4x) 126bpm,

Shakira – Waka Waka